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**Brandi Varnell, RN**

**Health Science & Sports Medicine Instructor/ HOSA Advisor**

**Sultan High School -1000 Turk Drive**

**Sultan WA, 98294**

3/22/2024

Dear Sultan Education Foundation:

My name is Brandi Varnell, RN and I am writing to you with professional and academic recommendation for applicant Regina Jimenez and her application for Sultan Education Foundation Scholarship.

Regina began taking my health science classes at Sultan High School when she was a freshman. She continued through the health science track at SHS with the goal of becoming a health care provider. She has been actively involved in a progressively rigorous health science course of study from her freshman year to her senior year at SHS. She prides herself on high academic marks and consistently performs at the top of her class.

Over the years I have known Regina, I have had the pleasure of watching her develop into a true young professional. She is open-minded and shows a willingness to understand and appreciate different cultural perspectives and practices. Regina is an active listener and has the capacity to listen effectively and empathetically. She expresses herself clearly and articulates ideas concisely to facilitate communication in all contexts. She is empathetic, compassionate, and genuinely concerned about the well-being of the people she cares for and the members of teams she works with. The most important thing I can tell you about Regina, is this young woman is the epitome of integrity. She has a high commitment to ethical principles and upholds the highest standards of professional conduct when she is in any kind of clinical student role. Regina also serves her peers willingly and enthusiastically by providing assistance to our multi language learning students—and often will translate in Spanish for them, to help them feel heard and involved in SHS programs. She has helped support community outreach planning and executing Community Blood Typing Days, Community Blood Drives, Community Coat Drives, and has been an integral team member in the SHS Clear the Air Campaign, with targeted efforts to support educators in their daily interactions with and effect change in the number of students who struggle with nicotine addiction in our district.

Regina possesses a unique combination of academic excellence, strong interpersonal skills, and a commitment to making a difference in the future of healthcare. I enthusiastically recommend Regina for scholarship. She shows the qualities of a true future leader—and leads with a service focused heart. I know, without a doubt Regina will make an exemplary student at university and make good use of her scholarship funds as she has recently been accepted to the University of Washington for post-secondary study. Please consider her application with my wholehearted recommendation.

Feel free to reach out to me with any questions at all. My contact information is listed below.

Sincerely,

Brandi Varnell, RN

Brandi Varnell, RN

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